

Eton Mess





INGREDIENTS

400ml Anchor Fresh Cream /Anchor Whipping Cream

100g meringues 1½ punnets strawberries

METHOD

- 1. Pour the cream into a bowl and whip until soft peaks form when the beater is lifted from the cream.
- 2. Smash the merinaues into chunks and fold through the cream
- 3. Hull the strawberries, roughly chop half of them and puree the other half in a blender or food processor.
- 4. Fold the strawberry pieces and mashed strawberries through the cream.
- 5. Spoon into bowls or glasses and serve.

